

When is relaxer good for your hair?

Relaxers have been around for a long time. I find it very interesting how so many people are against hair relaxing. I hear from many people "relaxers are bad for your hair, it breaks your hair out" Then I ask did you have your relaxer professionally done or did you relax your hair at home yourself? The answer is: **I relaxed my hair at home.**

Relaxers are to be done by professionals. Trained people that know and study about hair. Most hair care professional (licensed by the State of California) will not tell you this, why? because it's simply not true.

Here are some facts about relaxing:

1. Don't do relaxers yourself.
2. Don't mix relaxers and permanent hair color.
3. Don't mix different relaxers together.

Here are some things you need to know about relaxing.

Relaxers are used to smooth and straighten the hair. This makes the hair more manageable.

If you have hot flashes and can't keep your hair styled, you are a good candidate for relaxing. If your press and flat iron doesn't last a week or your natural hair is unmanageable.

Many natural hair people use smoothing treatments to give their natural hair style more manageability. Relaxer can bring out and define curls in natural hair. Those texturizers many people use to loosen their curls, is relaxer.

There are many different types of relaxers and you and your stylist will need to explore which type is best for your hair. This may take from one to three times using different types of relaxers for your hair. Many times, a stylist will be able to get it by the second time.

You can wear non-permanent hair color. Like Cellophane's, etc.

You will need to take care of your hair when relaxed, as you would naturally do anyway.

I have many relaxer guests with hair that is short and sassy to long and classic waist length. Relaxers should not burn your scalp. Ask about more protection or a change in your relaxer formula if this occurs.