

Three treatments that can create a difference in the health of the hair as it grows to its full length.

1. Using Cellophane hair color can keep the hair healthy as it grows out from scalp to ends. When hair is relaxed it is always recommended to have a cellophane to coat and protect the hair strands. Now, I have found that product can make the difference. Make sure that the product you are using is true cellophane not a copycat. Many of the copycat products don't work as well. It will add more body and shine to the hair. Comes in a variety of colors even clear. It will protect your hair from our harsh environment. Use Monthly.

2. Steam treatments. This treatment will cause the hair to become softer, shinier and full of life. The duration of steam treatments can be anywhere from 10 to 20 min. Times depend on the condition of the hair and what you are trying to achieve. Steaming also treats dandruff, dry and itchy scalp. It can unclog pores so that the hair will grow out without a struggle. Along with helping to remove blackheads and dirt and debris on the scalp. Also stops shedding and breakage of hair. Recommended use at minimum once a month. Can be used on every salon visit.

3. Conditioning treatments are one of the most widely used treatment to create healthy hair. There is a myriad of treatments available.

The best treatment are the ones that are customized for your hair type. Whether your hair needs strengthening, moisture, volume or hydration, to repair split ends and amazing natural and/or organic oils.

Having a treatment created especially for your needs is of the utmost importance. It will target your hair specifics. This will create the ultimate in results you desire. Having stronger, longer healthier hair.